

***AUTISM NOVA SCOTIA – PICTOU COUNTY CHAPTER***

Autism Spectrum Disorder is a lifelong neurodevelopmental disorder, usually diagnosed in childhood, which affects 1 in 68 people throughout the world. The condition appears to be more common among males. ASD can include any of the following:

* Intellectual Disabilities
* Communication Disorders
* Attention Deficit/Hyperactivity
* Learning Disorder
* Neurodevelopmental Disorders
* Social, Behavioural and Sensory Differences

The Pictou County Chapter of Autism Nova Scotia is a resource centre that guides individual/families to services which help manage and cope.

* Early Intervention
* Medical/Mental Health
* Education
* Recreation
* Programs
* Respite

The Centre also offers a variety of programs.

* Swimming
* Skating
* Art Therapy
* Music Therapy
* Yoga Therapy
* Challenger Baseball
* Summer Camp through Highland Community Residential Services
* Summer Camp and Activities at the Centre and throughout the Community
* Parent Support Group
* Chat N Chill Group for Adults with ASD

Each year the Chapter participates in “Walk the Walk for Autism”, which takes place at GR Saunders Elementary School in Stellarton. It is a family day with many activities along with a silent auction and includes a short walk, in which participants raise funds for the organization. There are also many business sponsors that contribute. This year the Chapter raised $70,000; these proceeds stay within Pictou County and benefit those with Autism.

The Resource Centre is located at 115 MacLean Street, New Glasgow – 902 695 5505

Monday 5-9; Tuesday, Wednesday, Thursday 9:30-1:30

autismpictoucounty.ca [–-pictoucounty@autismns.ca](mailto:–-pictoucounty@autismns.ca) –- <https://www.facebook.com/AutismNSPictouCounty/>